



## ***HIGH FIVE ZONE***

*An activity to create an inclusive school environment.*

### **Time**

Whenever students are in the hallway.

### **Group Size**

Entire school

### **Materials**

Tape, Paper/Posters, and Markers

### **INSTRUCTIONS**

1. Mark areas within your schools' hallways as "High Five Zones" using posters on the walls, tape on the ground, etc. For the safety of students, refrain from marking "High Five Zones" near or on stairs and high-trafficked or unsupervised hallways. It is recommended to mark hallways where teachers can supervise students and where there is a moderate amount of hallway traffic.
2. Announce to all students that every time someone steps into a "High Five Zone," you must high five other people within that zone, even if you don't know them.

### **DISCUSSION QUESTIONS**

- Did you high five more people that you didn't know than those that you did know? Why or why not?
- How does this activity change the school's environment, if at all?