



# RecipeCards

A Project of the Jeffco Student Health Advisory Council

## **COMPLIMENTS**

*An activity to help each student feel special and valued.*

**Time**  
15 Minutes

**Group Size**  
5-30 Students

**Materials**  
Paper and pencils/pens

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### **INSTRUCTIONS**

1. Pieces of paper with the student's names are passed around.
2. Each student writes a compliment to the student named on the paper.

### **DISCUSSION QUESTIONS**

- How did that make you feel?
- How often should you compliment others?