



RecipeCards

A Project of the Jeffco Student Health Advisory Council

TOILET PAPER

An activity to get to know your classmates.

Time
60 Minutes

Group Size
Entire Class

Materials
A roll of toilet paper

INSTRUCTIONS

1. Find a new roll of toilet paper (for cleanliness). Tell the class to sit in a circle.
2. Tell students to take as many pieces of toilet paper as they want, then pass it around.
3. Once everyone has their toilet paper, tell students that depending on how many pieces they got, they have to share that many things about themselves (i.e. If the student chose 50 pieces of toilet paper, they have to share 50 things about themselves).
4. If someone has trouble coming up with things to share, allow pieces of toilet paper to be replaced with questions from the rest of the class.

DISCUSSION QUESTIONS

- Was it hard to come up with things to share based on the number of pieces you chose? Was it easy?
- Was there anyone who chose a lot of pieces and was able to come up with that many things to share?
- Did you learn something new about your classmates?