



RecipeaceCards

A Project of the Jeffco Student Health Advisory Council

“ME”BAGS

An activity to learn about your classmates.

Time
60 Minutes

Group Size
Entire Class

Materials
Paper bags and Markers

INSTRUCTIONS

1. Give each student a bag. They can choose to draw or decorate their bags.
2. Tell students that these are “Me” Bags, and that they can put 3–5 items inside that represent themselves. (i.e. seashells might represent that the student is from a town near the ocean, a golf ball might represent that the student likes sports, a stuffed animal might represent the student’s favorite childhood toy, etc.)
3. Send students home with their “me” bags and tell them to collect their items. Tell students they will be “show-and-telling” the next day.
4. Have students share what their items mean. If time allows, allow classmates to ask the student presenting some questions about further meaning of their items.

DISCUSSION QUESTIONS

- Did anyone share something unexpected about their items?
- Did anyone bring similar items? Were their stories the same or different?
- Was there anyone who brought in an item that was interesting to you? Why did it stick out?
- What did you learn about your classmates?