



RecipeaceCards

A Project of the Jeffco Student Health Advisory Council

Poems of You

An activity to develop connection creative writing.

Time

5 to 15 minutes

Group Size

No Limit

Materials

Paper and Pencil

INSTRUCTIONS

1. Write a poem based on the following format:

I am [First Name]

I am a [3 roles you have]

I am [4 adjectives that best describes you]

I enjoy [3 things you enjoy]

I want to [2 things you want to do in life]

I am [First and Last Name]

Example:

I am Bobby

I am a friend, son, brother

I am funny, smart, athletic, friendly

I enjoy playing football, hanging out with friends, not having homework

I want to become a doctor, become a star athlete

I am Bobby Williams

2. Share poem with a partner small groups or the entire class
3. In partnership or in small groups have conversations using the discussion questions

DISCUSSION QUESTIONS

- Was there anything that stood out to you?
- Did you learn something new about yourself or someone else?
- Was the poem hard to write? How? Why?