



RecipeCards

A Project of the Jeffco Student Health Advisory Council

SPIDER WEB

An activity to show students the power of appreciation and teamwork while overcoming challenges.

Time
15-20 Minutes

Group Size
30 Students

Materials
Ball of yarn/string, and an Inflated balloon.

INSTRUCTIONS

1. Gather students in a circle. The teacher explains that students will hold onto one end of the ball of string and throw the string to another student who has none.
2. The student who throws the ball of string has to say something they appreciate about the person they threw the string to and why.
3. Repeat until everyone has had a turn.
4. Once everyone has a hold of the string, the teacher will explain that through the classrooms appreciation of one another, they've made a "web of connection" that gives them a chance to support the balloon. The teacher explains that the group cannot let the balloon touch the ground.(The group, as this was their first pass with the string, will likely be unable to hold the balloon up for long)
5. The teacher will then have the group perform the same exercise again, tossing the ball of string to new people until everyone is holding onto two strings.
6. The teacher will toss the balloon in again, and the group as a whole should be able to keep the balloon up for longer.

DISCUSSION QUESTIONS

- Have you ever felt unappreciated working in a group? Why?
- Does a feeling of appreciation help build camaraderie and teamwork?
- Is it important to share with group members about not only the things they do wrong, but the things they do well?
- Why is teamwork important?
- Can there ever be too much/too little teamwork? Why?
- How can we become a better team?
- Why is showing appreciation towards other team members important to the whole team?
- Where can we better our team building skills? Where, outside of school, can we use teamwork?