



RecipeCards

A Project of the Jeffco Student Health Advisory Council

AIRPLANE CAPER

An activity to work together towards a common goal and to have fun while breaking the ice in a positive, light-hearted manner.

Time
20 Minutes

Group Size
30 Students

Materials
Paper, Tape, and Airplane folding/building instructions.

INSTRUCTIONS

1. Students will be given paper to make paper airplanes, one per student. Teacher may provide ideas for types of planes students can make (i.e. post picture on boards or have print outs of instructions for the creation of different kinds of planes).
2. Teacher will divide class into two groups and spread them out on either side of a classroom. For ease of execution ensure that desks and/or backpacks are moved to the side.
3. Teacher will tell the class that it has to keep as many of the paper airplanes off of the ground as possible.
4. In two-minute rounds, the class will throw the paper airplanes. Airplanes cannot be held for more than five seconds and must be thrown. When a plane touches the ground, it cannot be picked up.

DISCUSSION QUESTIONS

- Is getting along important for having fun?
- In what ways did we rely on our peers to ensure our planes didn't touch the ground?
- We all had to let go of our plane and trust someone would keep it up. Why is trust important in this activity?
- How can sharing and working with others help our own goals?
- Why do we keep our hopes/dreams/wishes to ourselves?

