



# RecipeaceCards

A Project of the Jeffco Student Health Advisory Council

## ***DROP THE BALL***

*An activity to promote an appreciation for individual creativity, skill, team spirit, and pride.*

**Time**  
30-40 Minutes

**Group Size**  
30 Students (Groups of 4-6)

**Materials**  
Tape (any kind), Straws (12 per Group), Golf ball, Candy

### **INSTRUCTIONS**

1. Divide the class into groups. Ensure that this is done as randomly as possible (names from a hat, numbers, etc.) so that students are paired up with people they don't work with often.
2. Give each group 12 straws and 18 inches of tape. Groups will be instructed to use the materials and *only* the materials provided to build a contraption to catch the golf ball as it is dropped from 10 feet.
3. Groups will have fifteen minutes to build the contraption. Encourage group members to discuss several ideas and plans, and promote group cooperation throughout the project.
4. After the allocated time, gather the class and have each group present their projects. Then have one group member (standing on a desk or chair) drop the golf ball from ten feet. The groups that successfully catch the ball get a small extra prize (ex. candy).

### **DISCUSSION QUESTIONS**

- Who lead this project?
- Who made the plan? Did some groups change their plans? Why?
- Who was responsible for what? Why is sharing responsibility important for these projects?
- Is your group happy with how your project performed?
- Where did you work well as a group? Where could have worked better as a group?
- Why is working as a group important? Is it always necessary?