



RecipeaceCards

A Project of the Jeffco Student Health Advisory Council

Two Truths and a Lie

An activity to develop connections through learning about each other.

Time
Modifiable

Group Size
Modifiable, 10-30 students

Materials
None

INSTRUCTIONS

1. Allow students a few minutes to think of two truths about themselves and one lie. (Think about hobbies, unique experiences, pets, favorites, etc...)
2. Choose one student to go first and recite their statements.
3. Have a show-of-hands vote for each statement. Students vote for the statement they believe is the lie.
4. The student will then reveal the lie and another student will be chosen to go next.

DISCUSSION QUESTIONS

- What did you learn about your peers?
- What surprised you about your peers?
- How can you learn more about your fellow classmates?