



RecipeCards

A Project of the Jeffco Student Health Advisory Council

CANDY INTRODUCTIONS

An activity to get to know fellow students and their interests.

Time
20 Minutes

Group Size
30 Students

Materials
Candy that comes in different colors
(Example: skittles, m&m's, sour patch, etc.)

INSTRUCTIONS

1. Pass out candy to each student (individually packaged or about 3-5 pieces each.)
2. Tell the students what each color represents (colors and answers modifiable from the following: red=hobbies, green=favorite place, blue=something from childhood, yellow=dream job, and orange=anything)
3. Each student will take a turn to pick a candy and share something about themselves.
4. The game can be played until every student has had a turn or until candy runs out.

DISCUSSION QUESTIONS

- None